



# Summer Classes 2023 at Pediatric Therapy Solutions



## Social Skills Classes

In our social skills classes, students learn social lessons and then participate in group activities with a focus on the lesson learned for that day. Children have fun while learning to interact appropriately with their peers. Children will be grouped according to age and social abilities. Ages 5 1/2 to 18.

## Life Skills Groups

Participants will learn transitional life skills such as meal prep and planning, kitchen safety, budgeting, applying for a job, etiquette for job interviews, the workplace, restaurant etiquette, etc. Ages 11 through adult.

## Basic Etiquette Classes

Children will be taught basic etiquette for common activities, such as speaking on the phone, setting a table for a meal, restaurant etiquette, inviting a friend to an outing, proper grooming and hygiene, etc. Ages 11 and up.

## Handwriting Classes

Our summer handwriting classes help to improve fine motor and visual motor skills, to promote improve letter formation, spacing, sizing, in order to improve overall handwriting abilities. Children are grouped according to grade level and ability. Ages 4 and up.

## Motor Skills Classes

Children will work on gross motor skills, strength and coordination in a friendly group setting. This class is offered to toddlers, ages 3 through 5, as well as for children 6 and up.

## Calming Classes

Students will participate in activities to promote overall calming and improved emotional regulation and learn strategies and healthy activities to promote wellness and emotional health. Students will be grouped according to age and ability. Ages 6 through adult.

## FIT Classes

Our FIT classes are to improve Focus and Attention and to prevent a summer slide in academics. Students work on the foundational skills necessary for learning such as visual motor integration, Brain Gym exercises, reflex integration, and others. Ages 6 and up.

**Students do not need to be in our therapy program to participate. All classes are held in the afternoons from May 29th through July 28th. Contact us to register: (225) 744-1717 or [info@ptsprairieville.com](mailto:info@ptsprairieville.com)**

